



- Purpose:** To ensure employees understand management's expectations for accident prevention and control.
- Scope:** Outline precautionary steps to take in order to prevent an incident/accident from occurring
- Date:** _____ **Facility:** _____

Title: Ladder Safety

Precautionary Steps to be Taken:

- Wear clean slip-resistant shoes. Shoes with leather soles are not appropriate for ladder use since they are not considered sufficiently slip resistant.
- Before using a ladder, it should be inspected it to confirm it is in good working condition.
 - Ladders with loose or missing parts **must** be rejected. Rickety ladders that sway or lean to the side must be rejected.
- The Duty Rating of the ladder must be greater than the total weight of the climber, tools, supplies, and other objects placed upon the ladder.
- The length of the ladder must be sufficient so that the climber does not have to stand on the top rung or step.
- When the ladder is set-up for use, it must be placed on firm level ground and without any type of slippery condition present at either the base or top support points.
- Always use the appropriate ladder for the job!
 - Only one person at a time is permitted on a ladder unless the ladder is specifically designed for more than one climber (such as a Trestle Ladder).
 - Metal ladders are prohibited where the ladder or person using the ladder could come into contact with energized parts. Ladders with only nonconductive side rails shall be used with exposure to energized parts.
- Ladders must not be placed in front of closed doors that can open toward the ladder. The door must be blocked open, locked, or guarded.
- Climbers must maintain 3 points of contact (either 2 hands and 1 foot, or 2 feet and 1 hand) at all times while on the ladder.**
- Ladders are maintained in good condition. Joints between steps and side rails tight; all hardware and fittings securely attached; movable parts operating freely without binding or undue play.
 - Manufacturer's labels and warnings are present and visible on the ladder.
- Follow the belt buckle rule (keep belt buckle inside the side rails/do not lean to reach far out to the sides and keep belt buckle below the top level of the ladder)

